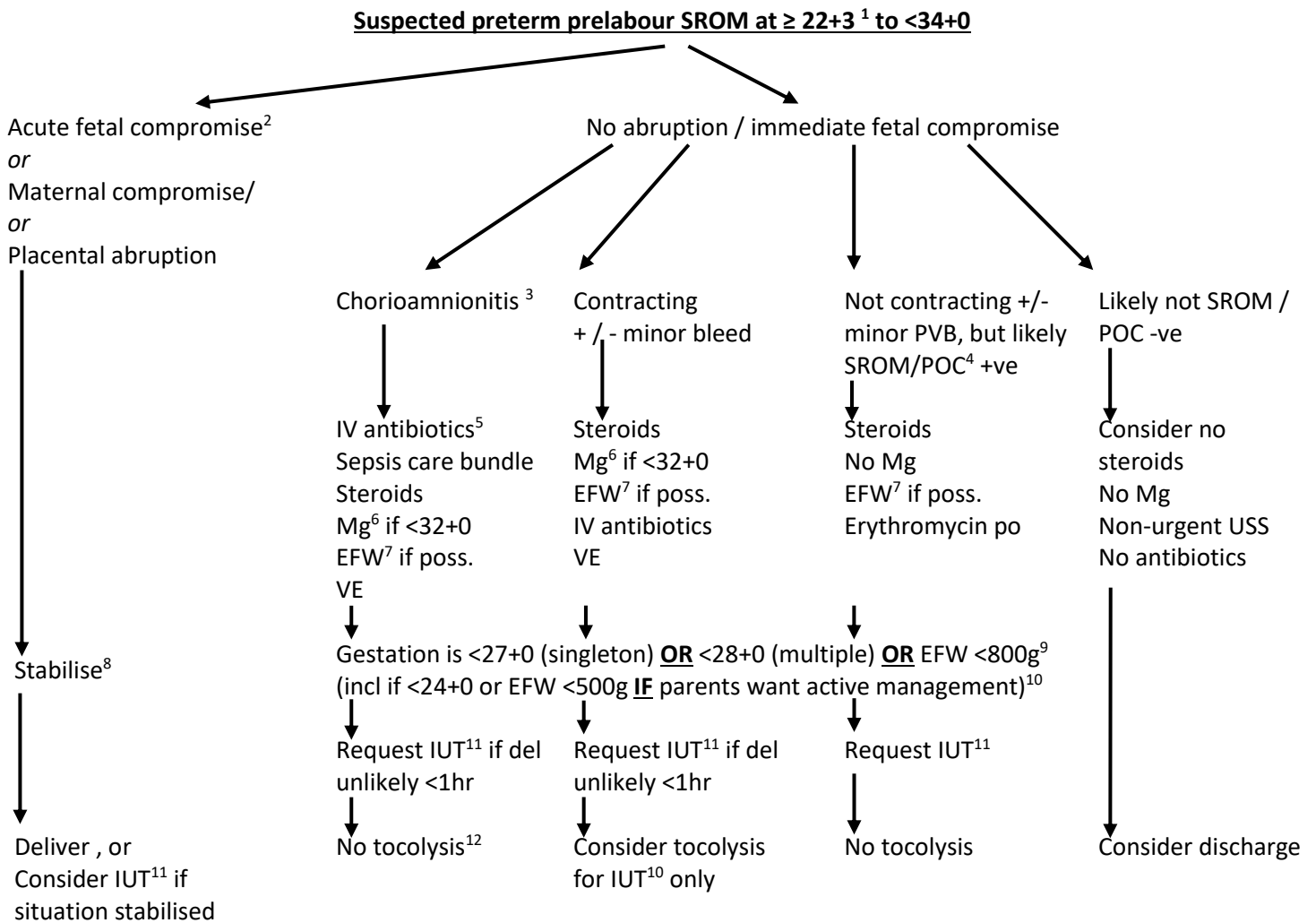


Oxford AHSN Regional Maternity Guideline

Algorithm for Management of Preterm Prelabour Spontaneous Rupture of Membranes (Updated July 2023)



Footnotes:

- Note active resuscitation for neonates $<22+3$ will not usually be performed. Dates according to CRL excl in IVF pregnancies.
- CTG to be used only $\geq 26+0$ weeks
- Chorioamnionitis is very common at presentation of severely preterm SROM and may be subtle. Early IVABs (<1 hr of diagnosis), see local sepsis guideline. Confirmed chorioamnionitis requires delivery, but this can usually be after transfer, if IUT criteria are met.
- POC: point of care test for SROM (e.g., Actim PROM).
- IV antibiotics. Follow unit antibiotic guideline; avoid co-amoxiclav
- Mg: Magnesium bolus 4g (16mmol) Magnesium Sulphate as 20mls of 20% magnesium sulphate IV over 5 – 10 minutes. If $<32+0$ weeks. Note PReCePT suggests 30 but clinical benefit up to 32 weeks.
- EFW: estimated fetal weight $\pm 15\%$ if possible
- Stabilisation of acutely unwell mother beyond scope of this. Early IVABs (<1 hr of diagnosis) essential, see local sepsis guideline.
- Criteria for delivery in Level 3 Neonatal Unit. If criteria not met follow local guideline
- If time, offer discussion with paediatrician. Document any discussion regarding IUT with parents. Consider providing Thames Valley Neonatal Network patient information leaflets if available. [Patient Information leaflets Extreme Prematurity](#)
- For IUT: try OUH first. Between 08:00-21:30 call Delivery Suite (01865 221987/8) and specifically request to speak to the consultant obstetrician on Delivery Suite. DO NOT call NICU or Delivery Suite manager first. Between 21:30 -08:00, call OUH switchboard (01865 741166) and request to speak to the obstetric consultant on call. If IUT is agreed

between 21:30-08:00 , then call Delivery Suite (01865 221987/8) to complete required handover forms. If no OUH availability, access PeriDASH [South East Perinatal Maternity Bed and Neonatal Cot Locator - Power Apps](#). and [SONeT \(Southampton Oxford Neonatal Transport\)](#)

12. Tocolysis. Follow unit tocolysis guideline. Do not use nifedipine if magnesium given or to be given.