

Decision Making Tool to inform Induction of Labour – Unit at Opel 3 & Opel 4 Version 1.0

CLINICAL CONDITION	RECOMMENDED GESTATION OF IOL (WEEKS) Earliest and latest given (accepting acuity)	PRIORITY LEVEL
POST DATES	41+5	1
PRE-EXISTING DIABETES Type 1 or 2	37+0 to 38+6	1
GDM: Diet/Metformin <ul style="list-style-type: none"> Stable blood glucose (most readings in target) GDM Possible complications	40+0-41+0 39+0- Diabetic clinic only	2
MATERNAL AGE <ul style="list-style-type: none"> 40-44 years old at booking multiples otherwise low risk 40-44 years old and primips or other risk ≥ 45 years old at booking 	39+0-41+0 39+0-40+0 39+0-40+0	2 2 2
IUGR/SGA Including low CPR/Raised Dopplers	Booked through FGA clinic only	1
Inpatients with Pre eclampsia	Diagnosed at <37+0 Consultant decision	1
	Diagnosed at ≥37+0 weeks - induce as soon possible after diagnosis (usually within 48 hours)	1
NEW HYPERTENSION (non-proteinuric and normal bloods) Not requiring admission	40+0-41+0	2
Long term uncomplicated hypertension	41+0	2
RAISED PCR (≥ 30 on 2 occasions, not UTI) with no PET/ hypertension	40+0-41+0	2
OBSTETRIC CHOLESTASIS (irrelevant of treatment): Bile acids 39 or less	Individualise but usually not an indication for induction in itself	

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Bile acids ever 40 - 99	39+0 – 39+6	2
Bile acids ever >100	Individualise (usually 37 weeks+)	1
PATIENTS ON FULL THERAPEUTIC ANTICOAGULATION IF MDT RECOMMENDS NOT SPONTANEOUS LABOUR After discontinuing LMWH for 24 hours – to avoid repeated episodes of missing anticoagulation.	39	1
APH (ONLY IF INPATIENT AND EMERGENCY)	Individualise	1
LGA Nulliparous/ prev CS	No IOL	
Multiparous	40-41	3
↓PAPP-A / ↑Ut AD UtAD @20 weeks: combined PI> 3.0 &/OR ↓ PAPP-A < 0.31 UtAD @20 weeks: combined PI>= 2.5 and </=3.0	39 – 39+6 41+0	2 3
Recurrent RFMs (consultant decision) Not usually an indication for IOL - Recurrent RFM after 37w: (recurrent is 2+ episodes of RFM occurring within </=21days)	39 (at the earliest)	3
Polyhydramnios AFI >30 (FMU unit only)	FMU DECISION	
Fetal abnormality (FMU unit only)	39+0	3
Prolonged SROM Pre 37 weeks:	If GBS-: 37w If GBS+: 34w	3 2

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PREVIOUS TRAUMATIC BIRTH / SPECIAL ARRANGEMENTS FOR PARTICULAR CLINICIAN TO ATTEND BIRTH	Booked through Mode of Birth or Trauma clinic	Liaise with relevant clinicians if needs to be deferred
MENTAL ILLNESS	Booked ONLY as part of Perinatal Mental Health plan following MDT	1
NOT usually AN INDICATION FOR IOL <41+0		
IVF PGP Epilepsy Polyhydramnios (<30) Single episode RFMs (unless another indication) ITP Anxiety / other mental illness unless part of perinatal mental health plan Haemophilia APH not admitted VBAC Unstable lie		
PRIORITY LEVELS		
1. Requires IOL at specific gestation – Not to be moved (SGA, Severe PET, Postdates) 2. Not to go beyond a predefined gestation 3. Could be deferred – Not to be a priority above Level 1 or 2		