



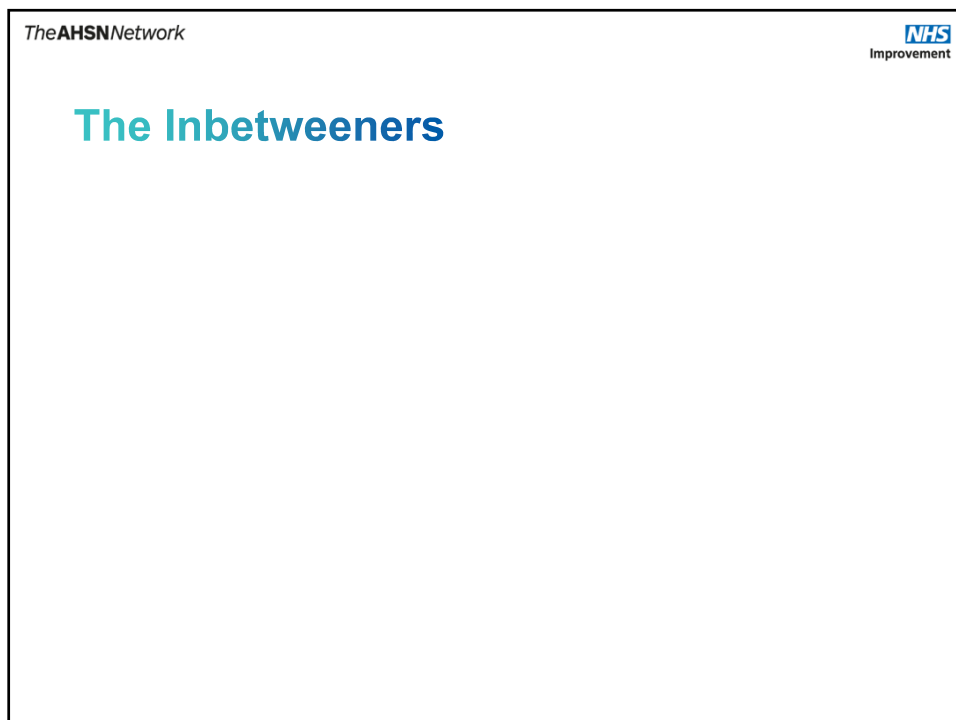
The **AHSN** Network

NHS
Improvement

The Inbetweeners
Dr Michael Yousif, Consultant Psychiatrist
John Radcliffe Hospital

Oxford
**Patient
Safety
Collaborative**

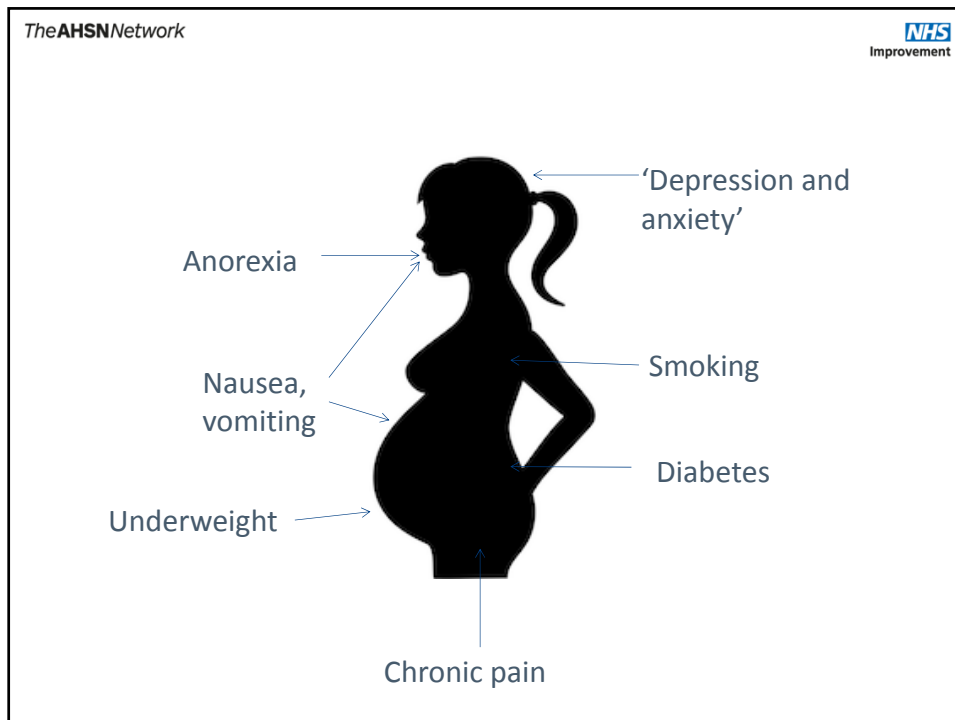
NHS
Oxford University Hospitals
NHS Foundation Trust



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TheAHSNNetwork NHS Improvement

What we already know



Women with mental illnesses

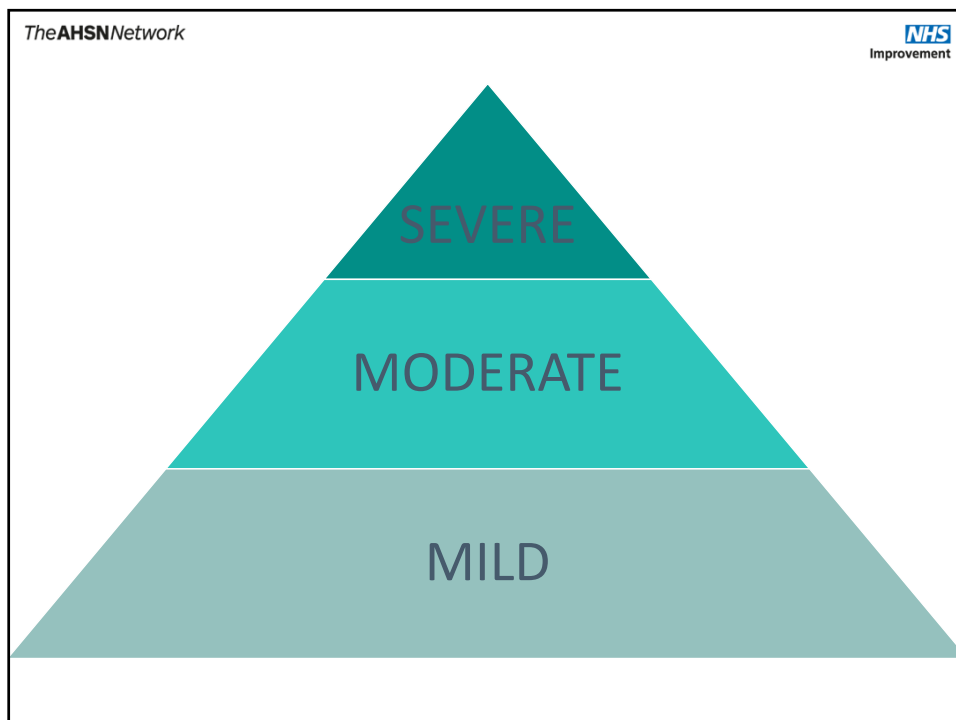
- Comorbid health problems
- Lifestyle risk factors
- Social adversity
- Sub-optimal antenatal care
- Adverse outcomes for mother and infant more likely
- *These not necessarily linked to severity of mental disorder itself*

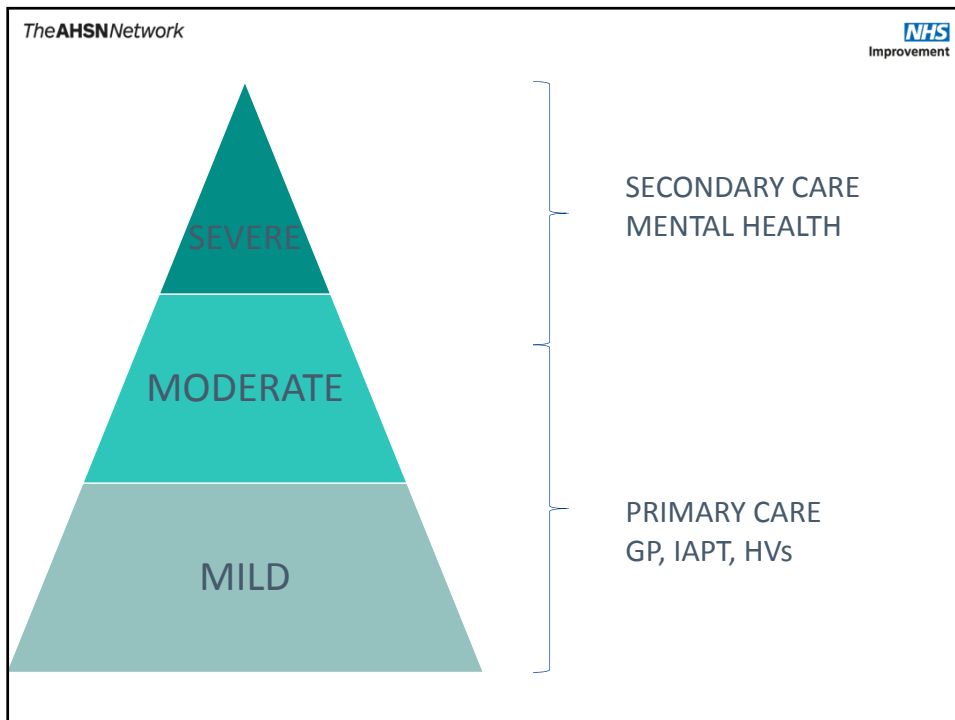
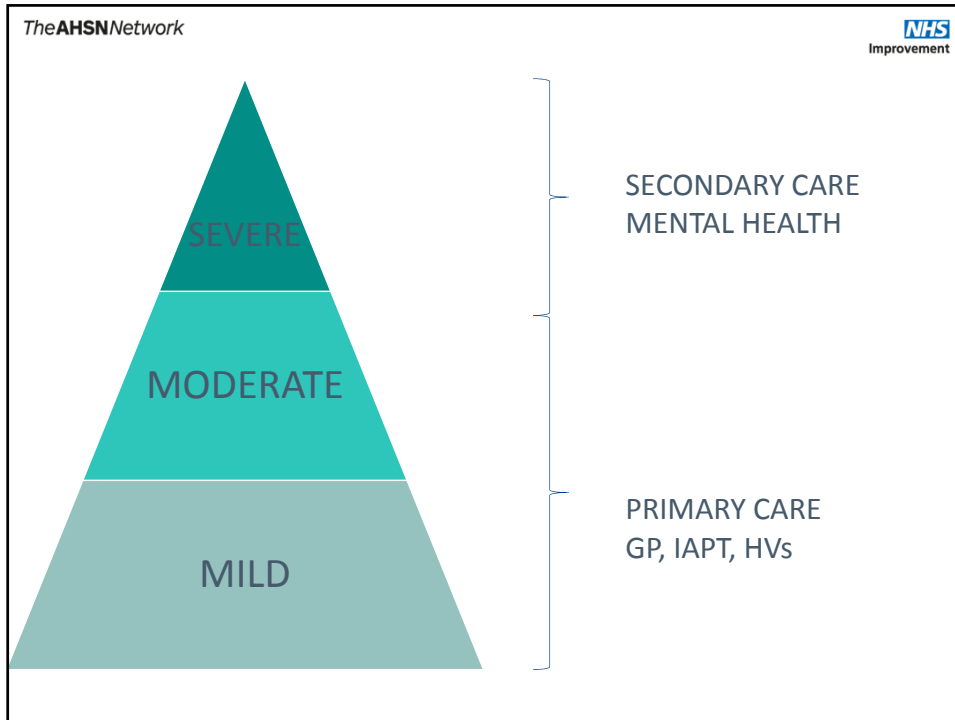
TheAHSNNetwork 

National context

- Perinatal mental health high on NHS agenda
- Postnatal depression, postpartum psychosis in public consciousness
- Services structured around the disorder, not the person





Mild, moderate, severe

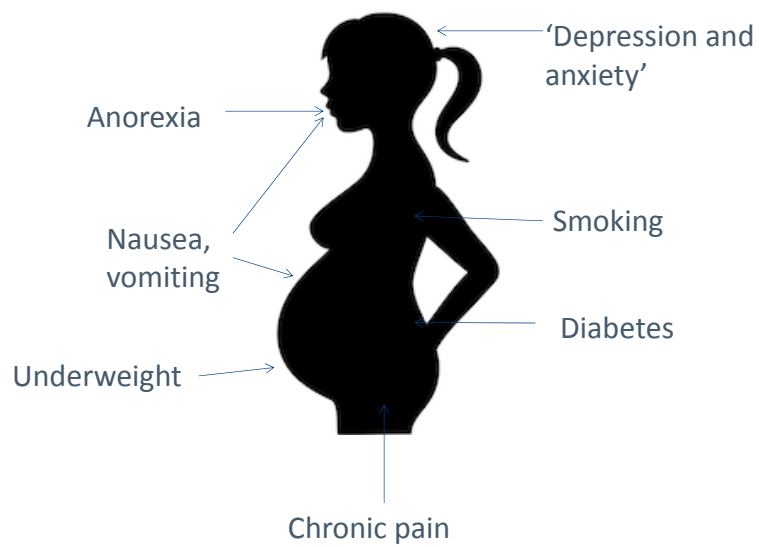
- Terms poorly defined
- Usually describe the illness, not the person's needs

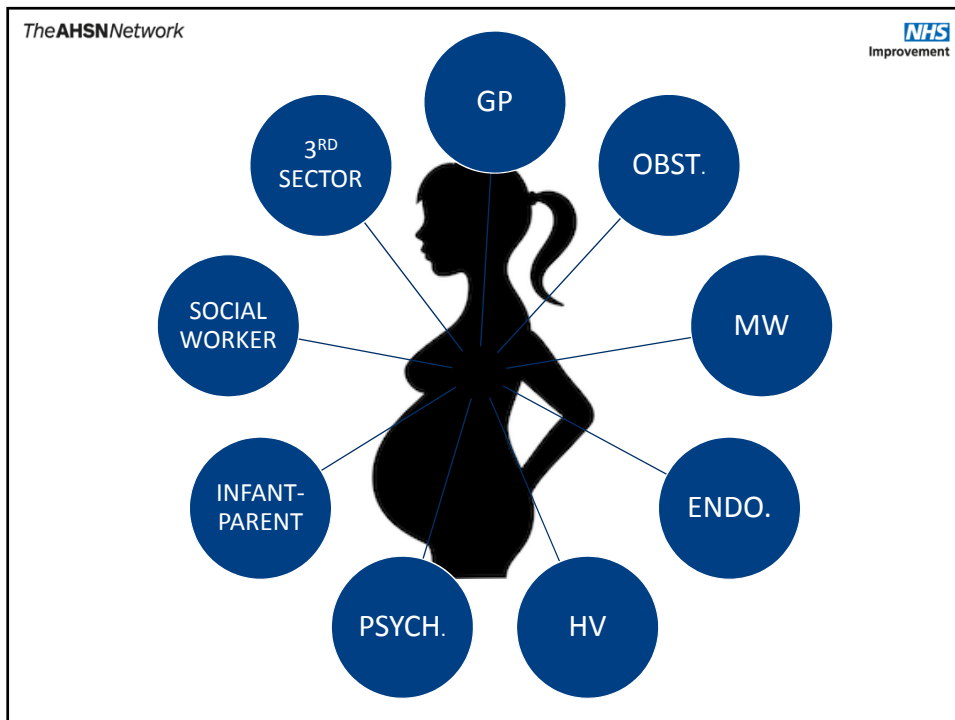
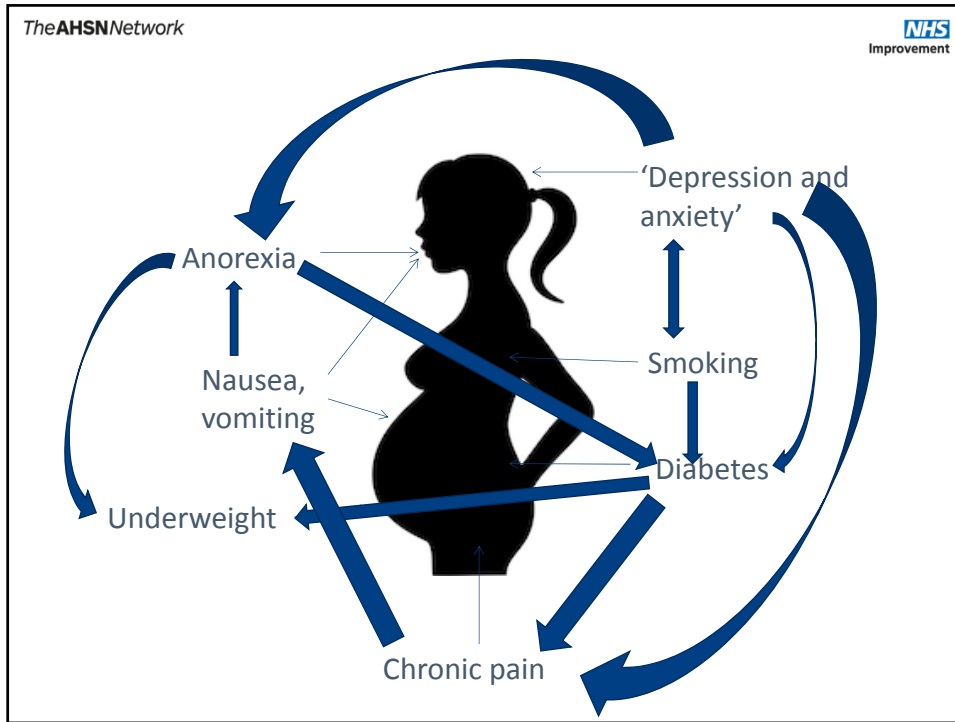
Mild, moderate, severe

- Mild depression
- Bipolar disorder

Mild, moderate, severe

- Mild depression + T1DM + chronic pain + domestic abuse + poverty
- Bipolar disorder + good health + supportive family + secure profession





Care for women with complex needs

- Fragmented care contributes to maternal mortality and morbidity
- Multidisciplinary, multiagency care difficult to coordinate
- NHS designed to deliver fragmented care
- Joint care plans logistically difficult to design
- Even more difficult to stick to
- Who owns the case?

The Inbetweeners

- Too 'mild' for secondary care mental health
- Too complex for primary care psychology
- Unrealistic for GPs
- Not appropriate for social care to hold
- Not appropriate for obstetrician or physician to hold
- *Unfair for midwife to hold*

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NHS
Improvement

Solutions

- Restructure entire NHS

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NHS
Improvement

Solutions

- ~~Restructure entire NHS~~
- Work together

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NHS
Improvement

Solutions

- ~~Restructure entire NHS~~
- ~~Work together~~
- National guidance on care coordination
 - PMH teams identified, for women with severe mental illness

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Improvement

Solutions

Maternity

- Holding the complexity
- Training
- Integrated clinics
- Assertive outreach
- Clinical supervision
- **Designing the care around the patient**

The AHSN Network

NHS Improvement

Name and contact details

Oxford Patient Safety Collaborative

NHS Oxford University Hospitals NHS Foundation Trust